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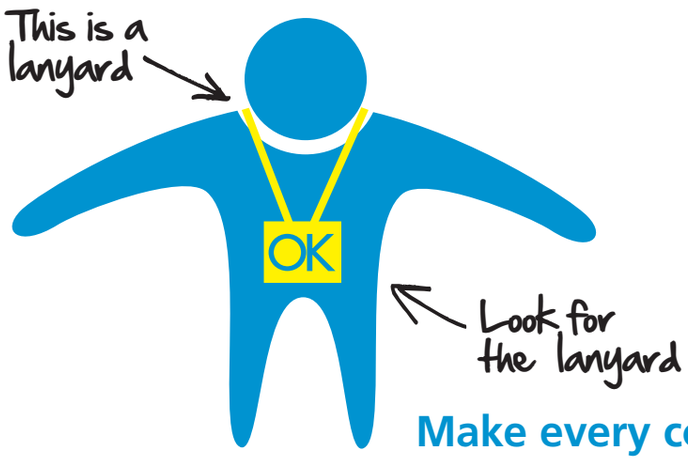
NHS

It's OK to ask about how to STOP smoking

It doesn't matter what your appointment is about, if you want to talk about your lifestyle, ask.

We're ready when you are



Make every contact count

Campaign developed by NHS Midlands and East