

Embracing Change

Supporting NHS Staff in the West Midlands through Transition

1. Supporting Yourself

Financial Planning and Your Rights

Developed by:



Using information and materials provided by:



The following links will help you find information about your legal rights and entitlements as an NHS employee, including tips on how to manage your finances and seek trade union representation and support.

Links:

- NHS Employers - redundancy information
<http://www.nhsemployers.org/PayAndContracts/AgendaForChange/NHS-redundancy/Pages/NHS-redundancy.aspx>
- NHS discounts <http://www.nhsdiscounts.com/>
- ACAS redundancy information <http://www.acas.org.uk/index.aspx?articleid=1611>
- ACAS trade union representation booklet
<http://www.acas.org.uk/index.aspx?articleid=760>
- Moneymadeclear™ from the UK's Consumer Financial Education Body (CFEB). When it comes to your money, their impartial information and tools can help you work out what's right for you. <http://www.moneymadeclear.org.uk/>
- The Citizens Advice Bureau - free, confidential advice on legal, financial and benefits
www.citizensadvice.org.uk/
- Government websites provide a wealth of information on legal and financial rights, as well as contacts for local support agencies to help you in your career transition.
www.direct.gov.uk/en/campaigns/RealHelpNow/DG_172615
www.berr.gov.uk/whatwedo/employment/redundancy/index.html
- Information and advice on claiming benefits during redundancy.
www.direct.gov.uk/en/MoneyTaxAndBenefits/BenefitsTaxCreditsAndOtherSupport/index.htm
- A directory of legal and financial advisors: www.unbiased.co.uk