

**Public health practice:**  
offering brief interventions for healthy lifestyles

Training programme for  
pre-registration nurses

4233 Conclusion  
Proof: 4  
Version: 1  
Date: 12/03/10  
Time: 5.30pm

Conclusion

## References

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5. Do you feel you are able to put into practice what you have learnt?

Yes                      No                      Sometimes

If you circled 'No' can you give reasons why?

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6. Has the training programme helped you to consider improving your own health related behaviour?

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Evaluation options:

Provide the participants with 'sticky' pads and ask them for their comments on aspects of the training. For example:

- how are you feeling after this two day programme
- what did you discover that you didn't know
- what did you enjoy
- how might you learn more about this topic?

### Field of words

Lecturer to provide a sheet of paper with a variety of words such as: 'happy,' 'motivated', 'knowledgeable', 'confused' etc. as students to circle the word or words that best describes how they are feeling.

### Group discussion

Let the group evaluate the programme. Formally ask them to discuss:

- the content
- the tasks
- the learning and how it can be applied
- gaps and advice for future programmes.