



Henry

**Everyone who helps me knows who else can help  
too  
I have the support and information I need to help  
me manage my well-being and make decisions  
early on about my life and the quality of the end of  
my life  
When I cannot make a decision for myself  
everyone knows what I would like to happen**

<b>Enabling Wellbeing, Care, Choices and Preferences</b>			
<b>Pathway Area/ Statement</b>	<b>Tier 1: Awareness/Foundation</b>	<b>Tier 2: Intermediate/Practitioner</b>	<b>Tier 3: Advanced/Specialist</b>
	Dementia awareness raising in terms of knowledge skills attitudes for all those working in health and care	Knowledge skills and attitudes for roles that have regular contact with people living with dementia	Enhancing knowledge, skills & attitudes for key staff (experts) working with people living with dementia designed to support them to play leadership roles
<b>Promoting understanding about Dementia and effective communication about health needs</b>	<b>Knowledge and understanding of:</b> <ul style="list-style-type: none"> <li>• how to communicate effectively particularly where individuals have difficulty understanding or processing information</li> <li>• beliefs and fears about dementia found in society e.g. social death when diagnosed, fears attached to diagnosis, fear of living in care</li> <li>• how initiatives such as ‘dementia friends’ can help to break down barriers that prevent people with communication and /or cognition difficulties from living a fuller life.</li> </ul>		
<b>Promoting understanding about Dementia and effective communication about health needs</b>	<b>Knowledge and understanding of:</b> <ul style="list-style-type: none"> <li>• representations of dementia in the media, and publicity given to initiatives about dementia</li> <li>• public health education, for example, how to raise awareness of dementia, how to live well with dementia, early</li> </ul>	<b>Ability to:</b> <ul style="list-style-type: none"> <li>• raise awareness, challenge stigma and provide education</li> <li>• deliver dementia awareness sessions to staff, including care homes</li> <li>• educate and deliver training to</li> </ul>	<b>Ability to:</b> <ul style="list-style-type: none"> <li>• inform and lead on the development and review of dementia specific policy and strategy</li> <li>• lead dementia specific developments which actively promote understanding about</li> </ul>

## Enabling Wellbeing, Care, Choices and Preferences

Pathway Area/ Statement	Tier 1: Awareness/Foundation	Tier 2: Intermediate/Practitioner	Tier 3: Advanced/Specialist
	<p>symptoms of dementia</p> <ul style="list-style-type: none"> <li>documents which capture values, beliefs and wishes of the individual and can be used to inform care planning e.g. About Me</li> <li>benefits of timely diagnosis, and how this will enable planning to take place at an early stage, so support mechanisms can be put in place.</li> <li>resources available to services which will improve their knowledge about dementia and their methods of treating/caring for those with dementia.</li> </ul> <p><b>Ability to:</b></p> <ul style="list-style-type: none"> <li>raise awareness with others, promote understanding and challenge stigma related to dementia in the local community.</li> </ul>	<p>carers and staff to promote understanding of dementia, and the strategies that can be used to manage communication and behaviours as a result of dementia in an individual</p> <ul style="list-style-type: none"> <li>carry out public health/preventative work and well-being promotion</li> <li>be able to use experts by experience, ambassadors, DVDs, apps, written information and posters</li> <li>produce information packs</li> <li>work with voluntary sector/self-led groups to increase understanding of dementia and support self-help initiatives.</li> </ul>	<p>dementia and enable positive culture change</p>
National Occupational Standards	<p>Tier 1, 2 and 3: <a href="#">HT2 MH90.2013</a>            Tier 2 and Tier 3: <a href="#">PE2 PHP13 PE6 PE7</a>            Tier 3: <a href="#">GEN117</a></p>		
<b>Signposting/Supporting Access to Support Services (Verbal, non-verbal and Written Information)</b>	<p><b>Knowledge and understanding of:</b></p> <ul style="list-style-type: none"> <li>where to go, who to ask</li> <li>the Support Services available to the individual.</li> </ul>	<p><b>Knowledge and understanding of:</b></p> <ul style="list-style-type: none"> <li>how information should be best presented, and in what format.</li> </ul> <p><b>Ability to:</b></p> <ul style="list-style-type: none"> <li>signpost people with dementia to other specialist services</li> </ul>	

Enabling Wellbeing, Care, Choices and Preferences			
Pathway Area/ Statement	Tier 1: Awareness/Foundation	Tier 2: Intermediate/Practitioner	Tier 3: Advanced/Specialist
		<ul style="list-style-type: none"> <li>inform others of services available</li> <li>give information that is timely, accessible and individualised, appropriate, and check understanding</li> <li>give consistent advice to enable access to safe coordinated care.</li> </ul>	
National Occupational Standards	Tier 2 and Tier 3: <a href="#">CHS174</a> <a href="#">CHS177</a> <a href="#">SCDHSC0419</a> <a href="#">SCDHSC0026</a> <a href="#">CHS124</a> <a href="#">GEN79</a>		
<b>Signposting/supporting access to advocacy services</b>	<p><b>Knowledge and understanding of:</b></p> <ul style="list-style-type: none"> <li>the role of the advocate</li> <li>how to signpost to local advocacy services</li> </ul> <p><b>Ability to:</b></p> <ul style="list-style-type: none"> <li>Explain the role of the advocate to a person with dementia</li> <li>sign post to local advocacy services</li> </ul>	<p><b>Knowledge and understanding of:</b></p> <ul style="list-style-type: none"> <li>the reasons for an independent advocate</li> <li>how to involve an independent advocate</li> <li>local advocacy services and how to access them</li> </ul> <p><b>Ability to:</b></p> <ul style="list-style-type: none"> <li>recognise and support access to advocacy services.</li> <li>Ability to understand the limits of one's own advocacy skills and role</li> </ul>	
National Occupational Standards (NOS)	Tier 1,2 and 3: <a href="#">SCDHSC0026</a> Tier 2 and 3: <a href="#">SCDHSC0367</a>		

Enabling Wellbeing, Care, Choices and Preferences			
Pathway Area/ Statement	Tier 1: Awareness/Foundation	Tier 2: Intermediate/Practitioner	Tier 3: Advanced/Specialist
<b>Signposting/Supporting Access to mainstream health services including Hearing and Sight checks, dentistry</b>	<b>Knowledge and understanding of:</b> <ul style="list-style-type: none"> <li>documents that record personal information about and history of a person e.g. All About Me</li> <li>provision of services for individuals who lack capacity</li> <li>How environmental improvements to services enhance access and delivery of services e.g. pictorial signage, quiet waiting rooms.</li> </ul>	<b>Knowledge and understanding of:</b> <ul style="list-style-type: none"> <li>Specialist skills and treatments relevant to people with dementia.</li> </ul> <b>Ability to:</b> <ul style="list-style-type: none"> <li>Identify, signpost/navigate to services that are able to support those living locally with dementia</li> <li>develop and maintain a digital directory of services this should be regional specific and up to date</li> <li>help to develop access points for services that enable ease of use, particularly for those with dementia.</li> </ul>	<b>Ability to:</b> <ul style="list-style-type: none"> <li>inform commissioning to support those with dementia to access those services.</li> </ul>
National Occupational Standards (NOS)	Tier 2 and 3: <a href="#">CHS174</a> <a href="#">CHS177</a> <a href="#">SCDHSC0419</a> <a href="#">SCDHSC0026</a> <a href="#">GEN79</a> Tier 3: <a href="#">SCDCPC407</a> <a href="#">CHS124</a>		
<b>Promoting Healthy Lifestyle Choices and wellbeing</b>	<b>Knowledge and understanding of:</b> <ul style="list-style-type: none"> <li>how health and wellbeing may be improved</li> <li>the benefits of a healthy diet/ exercise, dancing, theatre, shopping, other hobbies and interests</li> <li>the physical limitations of dementia.</li> </ul> <b>Ability to:</b> <ul style="list-style-type: none"> <li>communicate in a way that is succinct and clear.</li> </ul>	<b>Ability to:</b> <ul style="list-style-type: none"> <li>identify opportunities for health promotion in all settings.</li> <li>plan care that considers the individual</li> <li>plan care that promotes a healthy lifestyle</li> </ul>	

## Enabling Wellbeing, Care, Choices and Preferences

Pathway Area/ Statement	Tier 1: Awareness/Foundation	Tier 2: Intermediate/Practitioner	Tier 3: Advanced/Specialist
National Occupational Standards (NOS)	Tier 1,2 & 3: <a href="#">HT2</a> Tier 2 & 3: <a href="#">GEN119</a> <a href="#">CHS44</a>		
<b>Supporting Choices and Self-determination including:</b> <ul style="list-style-type: none"> <li>• advance statements</li> <li>• advance decisions to refuse treatment</li> <li>• Lasting Power of Attorney</li> <li>• Preferred Priorities of Care</li> </ul>	<b>Knowledge and understanding of:</b> <ul style="list-style-type: none"> <li>• initiatives such as ‘dementia friends’ and “dementia champions” and how they can help with advice.</li> </ul> <b>Ability to:</b> <ul style="list-style-type: none"> <li>• communicate and understand where communication is difficult, for instance using nonverbal signals.</li> </ul>	<b>Knowledge and understanding of:</b> <ul style="list-style-type: none"> <li>• how appropriate housing, occupational therapy intervention, including making a safe environment and using assistive technology, can help support choices</li> <li>• the voluntary services that can provide help and advice, signposting and facilitating contact</li> <li>• the power of attorney role and process</li> </ul> <b>Ability to:</b> <ul style="list-style-type: none"> <li>• support choices made by individuals</li> <li>• discuss care pathway options, for example moving to a supported situation while able to establish new routines</li> <li>• facilitate decision making that will affect the later stages of care and how it is delivered</li> <li>• be able to access specialist knowledge /resources e.g. Alzheimer’s Society</li> <li>• Inform on power of attorney.</li> </ul>	

## Enabling Wellbeing, Care, Choices and Preferences

Pathway Area/ Statement	Tier 1: Awareness/Foundation	Tier 2: Intermediate/Practitioner	Tier 3: Advanced/Specialist
National Occupational Standards (NOS)	Tier 2 and 3: <a href="#">GEN109</a>		