

# **Learning and Development for Adult Social Care in the West Midlands Appendix 2: End of Life**

### Adult social care paid workforce (web search)

Topic	Aim	Format	Resources/organisations identified	Link
<b>Identifying someone at the end of life</b>	To help staff identify people using services who are entering the last year of life so discussions about care can take place at an appropriate time, in an appropriate manner and using good communication	Elearning Ebook Video based learning	eLevel 2 and level 3 Health and Social Care diplomas	<a href="#">Click Here</a>
			e-Learning for Healthcare (end of life care for all - ELCA)	<a href="#">Click Here</a>
			Dying Matters	<a href="#">Click Here</a>
			Gold Standards Framework	<a href="#">Click Here</a>
<b>Accessing end of life care</b>	Information on how to access appropriate services for different groups of service users	Ebook Elearning Video based	Dying Matters	<a href="#">Click Here</a>
			Gold Standards Framework	<a href="#">Click Here</a>
<b>Providing support</b>	Introduction to staff to caring for people at end of life.	Elearning Workbook Video based learning	Level 2 and level 3 Health and Social Care diplomas	<a href="#">Click Here</a>
			e-Learning for Healthcare (end of life care for all - ELCA)	<a href="#">Click Here</a>
			NCPC Care to learning training	<a href="#">Click Here</a>
			Gold Standards Framework	<a href="#">Click Here</a>
<b>Managing symptoms and coordinating care</b>	Importance of person-centred care at end of life including care coordination to manage symptoms and quality of life	Elearning Video based learning	Level 2 and level 3 Health and Social Care diplomas	<a href="#">Click Here</a>
			e-Learning for Healthcare (end of life care for all - ELCA)	<a href="#">Click Here</a>
			SCIE	<a href="#">Click Here</a>
<b>Advance Care Planning</b>	Develop skills to communicate with families and individuals to talk about future care planning and decisions that can be made when the individual is well.	Elearning Workbook Video based learning	Level 2 and level 3 Health and Social Care diplomas	<a href="#">Click Here</a>
			e-Learning for Healthcare (end of life care for all - ELCA)	<a href="#">Click Here</a>
			Helen Sanderson Associates	<a href="#">Click Here</a>
			Care Certificate	<a href="#">Click Here</a>
			Macmillan learning zone	<a href="#">Click Here</a>
			Gold Standards Framework	<a href="#">Click Here</a>
<b>Spiritual and emotional support</b>	How to identify support required and offer support to individuals and families in the most appropriate manner, including signposting	Elearning Video Face to face	Level 2 and level 3 Health and Social Care diplomas	<a href="#">Click Here</a>
			e-Learning for Healthcare (end of life care for all - ELCA)	<a href="#">Click Here</a>
			Social Care TV	<a href="#">Click Here</a>
<b>Last days of life</b>	How to provide appropriate care for those in last few days of life, including nutrition, hydration and pain relief.	Elearning Ebook Web page	Level 2 and level 3 Health and Social Care diplomas	<a href="#">Click Here</a>
			e-Learning for Healthcare (end of life care for all - ELCA)	<a href="#">Click Here</a>
			Dying Matters	<a href="#">Click Here</a>
			SCIE	<a href="#">Click Here</a>

<b>Topic</b>	<b>Aim</b>	<b>Format</b>	<b>Resources/organisations identified</b>	<b>Link</b>
<b>Communication</b>	Information on the importance of good communication and opportunities to talk about death and dying	Elearning Video based learning	Level 2 and level 3 Health and Social Care diplomas	<a href="#">Click Here</a>
			e-Learning for Healthcare (end of life care for all - ELCA)	<a href="#">Click Here</a>
			SCIE	<a href="#">Click Here</a>
<b>Working with carers and families</b>	How to best support families and carers emotionally and practically through end of life care.	Ebook Distance learning Web page Video based learning	Dying Matters	<a href="#">Click Here</a>
			Level 2 and level 3 Health and Social Care diplomas	<a href="#">Click Here</a>
			SCIE	<a href="#">Click Here</a>
			Social Care TV	<a href="#">Click Here</a>

## Unpaid/Informal Carers (web search)

Topic	Aim	Format	Resources/organisations identified	Link
<b>What it is and what to expect</b>	To help families understand what is available and what end of life care can provide.	Web page Video based learning	NHS Choices	<a href="#">Click Here</a>
			Alzheimer's Society	<a href="#">Click Here</a>
<b>Recognising end of life</b>	Support and advice on how to recognise when someone is reaching end of life.	Web page	Alzheimer's Society	<a href="#">Click Here</a>
<b>Care in different settings</b>	Information about care in different settings, how to organise and what to expect.	Web page	NHS Choices	<a href="#">Click Here</a>
			Hospice UK	<a href="#">Click Here</a>
			SCIE	<a href="#">Click Here</a>
<b>Treatment and decisions</b>	Help for families and carers to talk to individuals about treatment and future care.	Web page	Hospice UK	<a href="#">Click Here</a>
<b>Advance care planning and communicating about end of life</b>	Information on importance of end of life care planning and how to go about this.	Web page	NHS Choices	<a href="#">Click Here</a>
			Age UK	<a href="#">Click Here</a>
			Dying Matters	<a href="#">Click Here</a>
			British Heart Foundation	<a href="#">Click Here</a>
			Cancer Research UK	<a href="#">Click Here</a>
			NMD Association	<a href="#">Click Here</a>
			NCPC	<a href="#">Click Here</a>
Carers Trust	<a href="#">Click Here</a>			
<b>Wellbeing at end of life</b>	Information on looking after health and wellbeing for individuals and carers.	Web page	NHS Choices	<a href="#">Click Here</a>
<b>Coping with bereavement</b>	Support for those experiencing bereavement, particular focus on emotions.	Web page Ebooklet	Age UK	<a href="#">Click Here</a>
			Cancer Research UK	<a href="#">Click Here</a>
			Hospice UK	<a href="#">Click Here</a>
<b>Financial and legal support</b>	Information on financial and legal aspects that need to be considered by family.	Web page	Age UK	<a href="#">Click Here</a>
			Dying Matters	<a href="#">Click Here</a>
<b>Caring for carers</b>	Information for carers about looking after self.	Web page	Cancer Research UK	<a href="#">Click Here</a>

## Local and national level frameworks and guidance

Title	Overview	Link
<b>NICE Guideline</b>	This guidelines sets out clinical care for people who are in the last few days of life, aimed at health and social care professionals and those working in different settings. It sets out recommendations on recognising when people are entering the last few days of life, communication and shared decision making as well as clinical areas.	<a href="#">Click Here</a>
<b>End of Life Care Strategy:</b> <i>Promoting high quality care for adults at the end of their life (2008)</i>	This strategy from 2008 focuses on optimising consistency in end of life care across the country through consideration in the following areas: awareness raising, commissioning, identification of people approach end of life, care planning and coordination, rapid access to high quality services, supporting carers, workforce development and reflection.	<a href="#">Click Here</a>
<b>NHS National End of Life Care Programme</b> <i>The route to success in end of life care- achieving quality in care homes</i>	This strategy identifies the need for care home staff to receive training and support necessary to ensure provision of good end of life care. It sets out a staff development agenda including the publication of core competencies and principles for end of life care. It follows six steps: discussion as end of life approaches, assessment, care planning and review, coordination of care, care delivery, care in last days, care after death.	<a href="#">Click Here</a>
<b>Department of Health</b> <i>What's important to me. A review of choice in End of Life Care and Our Commitment to you for end of life care (2016)</i>	An independent review and subsequent governmental response to the review set out both the challenges and standards required for end of life care based on evidence. Commitment to the following actions: more personalised care, improved care quality, quicker sharing of innovative practice, have the right people with the right knowledge and skills (via HEE competency framework for end of life care), partnership working and accountability.	<a href="#">Click Here</a>
<b>Skills for Care</b> <i>Common core principles for social care and health workers working with adults at the end of life</i>	Aimed at non-specialist workers, this guide sets out the principles for working with people who are dying, describes the underpinning competences, knowledge and values they should have. This framework, alongside occupation-specific guidance form a framework for managers and workers to help define additional knowledge and competences needed when supporting someone who is reaching the end of life. This is complemented by a guide to applying the principles for organisations.	<a href="#">Click Here</a>
<b>Skills for Care – Learn from others</b>	Useful resource for organisations and staff as a vehicle for sharing good practice in adult social care. Includes video presentations from other social care workers.	<a href="#">Click Here</a>
<b>National end of life care qualifications in social care :</b> <i>A guide for employers and learners</i>	This guide sets out core end of life units included in the level 2 and level 3 Health and Social Care diplomas alongside information on further qualifications available.	<a href="#">Click Here</a>

## Adult social care workforce - Options from West Midlands Endorsed Training Providers

All Skills for Care Endorsed Learning Providers can be found on our website [www.skillsforcare.org.uk/learning-development](http://www.skillsforcare.org.uk/learning-development)

Local provider (from Endorsed Training Provider Framework)	Topic	Training Formats available	Resources used (detail from interviews)	More information
Acacia Training Limited	End of Life Level 3 (QCF Accredited)	Face to face Work-based Learning	<i>Not Interviewed</i>	<a href="#">Click Here</a>
Care Training Partnership	End of Life Awareness (3 Hours)	Face to Face	<i>Not Interviewed</i>	<a href="#">Click Here</a>
JS Consultants	End of Life Awareness Level 2 and Level 3 Award in Awareness of End of Life Care (QCF Accredited) Level 3 in Working in End of Life Care (QCF Accredited)	Face to Face Work-based Learning	The National Institute of Health and Care Excellence Skills for Care /Skills for Health / Royal College of Nursing / Nursing and Midwifery Council UK Home Care Association Social Care Institute of Excellence Skills for Care guide to Learning and Development CQC Website ACTAN website	<a href="#">Click Here</a>
Quality Care Training Consultancy Ltd	End of Life - Pain Management and Syringe Drivers Bereavement and unexpected death Confirmation of expected death Symptom control and the management of syringe drivers	Face to face Work-based Learning	<i>Not Interviewed</i>	<a href="#">Click Here</a>
South and City College Birmingham	End of Life Units as part of a QCF Accredited Qualification	Work-based Learning	Internal Virtual Learning Environment (Moodle) SCIE NICE Guidelines	<a href="#">Click Here</a>
ACCTV - Age Care Channel	End of Life (Range of topics available)	TV Programmes Workbooklets	The National Institute of Health and Care Excellence Skills for Care Royal College of Nursing Nursing and Midwifery Council UK Home Care Association Social Care Institute of Excellence	<a href="#">Click Here</a>

HC-ONE	End of Life (Range of topics available – only available to HC-ONE staff)	Face to face Work based learning	<i>Not Interviewed</i>	<a href="#">Click Here</a>
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## Local academic institutions

There are a number of academic units available locally which are highly specialised ranging from Level 4-6 certificates through to MSc level qualifications.

Course	Institution	Link
<b>Level 4-6 qualification</b>	City & Guilds	<a href="#">Click Here</a>
<b>PG Cert</b>	University of Wolverhampton (Compton Hospice)	<a href="#">Click Here</a>
	Keele University	<a href="#">Click Here</a>
	University of Birmingham	<a href="#">Click Here</a>
<b>PG Dip</b>	University of Birmingham	<a href="#">Click Here</a>
<b>Masters level qualification (Level 7)</b>	Oxford Brooks	<a href="#">Click Here</a>
	Keele University	<a href="#">Click Here</a>
	University of Wolverhampton (Compton Hospice)	<a href="#">Click Here</a>
<b>European Certificate in Essential Palliative Care</b>	Princess Alice Hospice	<a href="#">Click Here</a>

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