



Obesity

Online learning for healthcare and other practitioners working to tackle obesity



Obesity is an engaging e-learning programme for practitioners in the NHS and local authorities working in weight management.

It has been developed by the Department of Health's Obesity Team, in partnership with e-Learning for Healthcare.

The programme introduces obesity and its implications for health, provides a knowledge base on identification of unhealthy weight, the risk factors for weight gain and managing obesity, and provides learning on guiding and enabling behaviour change.

The learning is relevant to any NHS or local authority practitioner who encounters overweight or obese individuals. In particular, it is relevant to nurses and doctors, particularly Foundation doctors, GP trainees and GPs, and the obesity e-learning sessions also form part of the e-GP project.



To access Obesity, go to
www.e-lfh.org.uk/projects/obesity/access-the-e-learning/